

| | | 8 h | 9 h | 10 h | 11 h | 12 h | 13 h | 14 h | 15 h | 16 h | 17 h | 18 h | 19 h | 20 h | 21 h | 22 h | 23 h | |
|---------------------------|--|---------------------------------|----------------------------|-------------------------------------|----------------------------|------|------|----------------------------|----------------------------------|-----------------------------|----------------------------|-----------------|--------------------------|------|------|-------------------|------|--|
| Samedi 18/01 | GIRAILLE - STADE H.MILHAU | | | | | | | | GOAL U13 / CLERMONTAISE | | | | | | | | | |
| | GIRAILLE - STADE H.MILHAU 1/2 TERRAIN FOOT A 7 H. MIL | | | | | | | | GOAL U12 / ST PAPOUL | | | | | | | | | |
| | COUBERTIN - ESPACE AQUATIQUE PIERRE DE COUBERTIN | | | | | | | | | | | | CLUB DE PLONGEE CHAURIEN | | | | | |
| | COUBERTIN - ESPACE AQUATIQUE PIERRE DE COUBERTIN | | | | | | | | | | | | CLUB DE PLONGEE CHAURIEN | | | | | |
| | COUBERTIN - GYMNASE - HALLE SPORT COUB | BADMINTON CLUB DE CASTELNAUDARY | | FJEP HAND-BALL CASTELNAUDARY | | | | | CVB M18 F / BALMA | | | BL U13 F / TOAC | | | | HAND SF/BEAUZELLE | | |
| | COUBERTIN - STADE ANNEXE | | | ROC CADETS / JUN IORS réveil muscu | | | | | | | | | | | | | | |
| | COUBERTIN - STADE D'HONNEUR | | | | | | | ROC CADETS / SALLES D'AUDE | | ROC JUNIORS / SALLES D'AUDE | | | | | | | | |
| | MILLENAIRE - GYMNASE - DOJO MILLENAIRE | | | KARATE | | | | | | TAMTAOMONPHAI | | | | | | | | |
| | MILLENAIRE - GYMNASE - HALLE SPORT MILL. | | | CASTELNAUDARY VOLLEY BALL | | | | | | | CVB F FSGT COUPE DE FRANCE | | | | | | | |
| | MILLENAIRE - GYMNASE - SALLE GYM. | | LA CHAURIENN E GYMNASTIQUE | | LA CHAURIENN E GYMNASTIQUE | | | | LA CHAURIENN E GYMNASTIQUE | | | | | | | | | |
| | MILLENAIRE - STADE MILLENAIRE - POINTE DU STADE | | | BASE BALL | | | | | | | | | | | | | | |
| | SALLES DE SPORT PTM - SALLE TENNIS DE TABLE | | | ASSOCIATION DE MAJORETTES | | | | | ASSOCIATION DE MAJORETTES | | | | | | | | | |
| Dimanche 19/01 | COUBERTIN - GYMNASE - HALLE SPORT COUB | | | PLATEAU U9 | | | | BL U18 M / SAVERDUN | | | | | | | | | | |
| | COUBERTIN - STADE ANNEXE - PISTE D'ATHLE. - PISTE D'EN | | | LAURAGAIS ATHLETI SME CASTELNAUDARY | | | | | | | | | | | | | | |
| | MILLENAIRE - GYMNASE - HALLE SPORT MILL. | | | | HAND 15 F 1 / PALAJA | | | HAND 15 F / MONTPELLIER | | HAND 18 G / VILLEFRANCHE | | | | | | | | |
| | MILLENAIRE - STADE MILLENAIRE | | | | | | | | COC SEN 3 / SAINT MARTIN LALANDE | | | | | | | | | |
| | MILLENAIRE - STADE MILLENAIRE - POINTE DU STADE | | | BASE BALL | | | | | | | | | | | | | | |